

COURSE CONTENT

2-day QA Level 2 Award in

Activity First Aid (adapted for The Combined Cadet Force)

12 hours

BECOMING A FIRST AIDER

Roles and Responsibilities of the First Aider
Communication and Casualty Care
Infection Control
Accident Records
Equipment

MANAGING AN INCIDENT

Incident and Casualty assessment
Primary survey
Getting Help
Casualty Movement (to include remote regions)

THE UNCONSCIOUS CASUALTY – adults, children and babies

Possible Causes of Unconsciousness:
Fainting
Seizures
Recovery Position
CPR and AED

RESPIRATORY PROBLEMS

Asthma
Hyperventilation
Choking
Drowning

WOUNDS AND BLEEDING

Bleeding and Bruising + minor injuries
Bleeding – severe and special sites (to include gunshot wounds)
Chest + abdominal injuries
Blunt force trauma
Shock
Eye Injuries
Blisters

BONE, JOINT + MUSCLE INJURIES

Spinal Injuries
Head Injuries
Fracture
Sprains and Strains
Dislocation

EFFECTS OF HEAT + COLD

Burns – minor + severe
Hypothermia + Frostbite
Heat Exhaustion
Heat Stroke
DofE Keeping Safe and Warm

FOREIGN OBJECTS

Poisoning
Bites and Stings

MEDICAL CONDITIONS

Allergic Reaction
Chest Pain
Diabetes
Stroke
Dehydration
Meningitis
Head, ear and stomach ache

Assessments

This course requires formal assessment, both practical and written. The written paper is a short, multiple-choice assessment, carried out at the end of the training. Delegates will be told they are to be assessed during practicals and all are treated as individuals, according to our Equality & Diversity Policy.

MCG Training has a robust Referral Procedure, available on request.

Appeals Process

Should a Learner be dissatisfied with the outcome of any of their assessments, they have the right to appeal the decision. This process is detailed on the reverse of the Referral Letter issued and a full discussion is guaranteed.

Complaints Policy

MCG Training consider all complaints to be an opportunity to improve our service and will treat each one with positivity and respect.

Please contact us for a copy of the Complaints Policy and Procedure.